

Community Health Hub News

STAFF SPOTLIGHT YOUR CHANCE TO START MEETING THE STAFF WHO WILL BE IN THE NEW HUB!



Andrea Gillespie, Registered Dietitian at CHIGAMIK Community Health Centre

Meet our Registered Dietitian, Andrea Gillespie who works with individuals, groups and families to support healthy eating for a variety of dietary needs including chronic diseases, heart health, healthy weight, growth and development for children and other dietary requirements.

Andrea works with clients to assess nutritional status by looking at diet and medical history, use science-based information to help make and reach nutrition & lifestyle goals and follow your progress.

Meet CHIGAMIK's Management Team

The management team at CHIGAMIK works together to foster a multidisciplinary team approach and support staff through strategic direction. They oversee primary and allied health care services, health promotion programs and community development initiatives that are culturally-relevant, and available in English and French.

By working in partnership with other community organizations, the goal of the management team is to equip our community with the resources to achieve optimal health and wellbeing through awareness, health promotion and illness prevention.

Pictured: David Jeffery, Executive Director, Melissa Maurice, Office Manager, Jessica North, Community Health Team Manager, Glen Chenard, Clinical Manager



Waypoint's Housing Services

Housing Services works to improve access to safe, affordable housing and supports for adults living with a serious and persistent mental illness. The two primary roles of this program are to administer the province-wide Homes for Special Care Program and coordinate the Road to Recovery Program. In addition, we work closely with internal and external partners, and are members on a variety of committees, to address homelessness and housing related issues.

Homes for Special Care (HSC) Program:

The HSC program is a supportive housing program that operates within privately owned residential group homes that are funded and licensed under the Ministry of Health and Long-Term Care. The program provides meals, assistance with daily living, financial assistance for eligible clients, clothing, medication, medical needs, access to recreation and social activities, transportation and other supports intended to promote recovery, mental health and well-being.

Housing Services provides oversight and administrative support to 10 HSC homes within the Simcoe Muskoka region. At capacity, the HSC program can support 129 individuals.

Road to Recovery:

The Road to Recovery Program is a partnership between Waypoint Centre and 3 community mental health housing providers within Simcoe Muskoka/Parry Sound which focuses on securing affordable, permanent and independent housing opportunities for Waypoint patients who have experienced frequent or lengthy psychiatric hospitalizations, and where the acquisition of suitable supported housing and comprehensive community supports is deemed critical to their recovery and community integration.

The goal of the program is to enhance consumer choice by increasing options for high support housing, thereby enabling health recovery, community integration and tenure, and an increase in quality of life for 43 individuals.

Housing Services Eligibility Criteria:

- Adults living with a history of serious and persistent mental illness and frequent or lengthy hospitalizations, in part due to the lack of suitable supported housing arrangements.
- Psychiatrically stable, deemed capable of living in a community setting and accepting of mental health supports
- Medically stable, and, if ongoing or complex physical health issues are present, appropriate home-based health supports are in place
- Client chooses to participate
- Specific to Road to Recovery Program: Waypoint inpatients without a fixed address or HSC clients
- Specific to HSC Program: Ongoing mental health case management support in place

How to refer: *Referrals to the Homes for Special Care Program must be completed through a mental health service provider and submitted to Waypoint's Central Intake department.* For more information, please call Stephanie Desroches at 705-549-3181 ext. 2748 or Julie Stocks at ext. 2381



The Housing Services team includes Julie Stocks, Program Assistant, Sandra Duval, Accounts Clerk, Stephanie Desroches, Housing Coordinator and John Rodnick, Manager of Rehabilitation and Transition Services.