



Clozapine is used to treat schizophrenia in those who have not responded well to at least three other medications, specifically in the management of its symptoms.

Before You Start

- Baseline blood work needed
- Physical examination with family doctor
- ECG (test that records the electrical activity of the heart)
- EEG (device records the electrical activity from different parts of the brain)
- Chest x-ray
- Provide informed consent to treat

Starting Clozapine

- **Weekly** blood work for six months
- **Weekly** blood pressure, heart rate, temperature recording
- Assessment for any flu-like symptoms

Monitoring you on Clozapine

After six months with stable blood work, temperature, pulse and blood pressure, your blood work routine will change to every **two weeks**. Following another six months of stable results, the blood work monitoring will change to **monthly**.

continued

Clozapine Blood Work

Your blood is screened specifically for white blood cells and neutrophils which protect your body from infection and tell you how well your immune system is working. In the event of low white blood cell counts, you may be contacted by the Clozapine Nurse with further direction.

If you are informed of a **yellow** blood result, this means your white blood cells have dropped since the last test. You can expect to be asked if you have been experiencing any flu-like symptoms or fever and may also be asked to promptly have your blood test repeated.

Do not take your medications the morning of your blood draw as this provides an inaccurate view of your medication levels.

Your role is to report any or all side effects to the doctor or nurse

CLOZAPINE PICK UP at Outpatient Services Thursday or Friday after 1:30 p.m.

On occasion, pick up may be at
Waypoint Pharmacy in Penetanguishene



Waypoint Centre for Mental Health Care Outpatient Services
1156 St. Andrew's Dr. Midland 705-526-0567
Mailing Address: 500 Church St. Penetanguishene, ON L9M 1G3



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