

Behaviour Support System Redesign

Re-aligning for better care

The SGS program continues to lead the BSS redesign project in North Simcoe Muskoka with the goal to create a single integrated BSS team.

Phase 1

Phase 1 of BSS redesign was completed on June 1, 2017:

- BSS leadership was moved to the NSM SGS program, with Annalee King established as the new Manager of the BSS program.
- Waypoint's Behaviour Intervention Response Team (BIRT) was disbanded and resources were moved into the BSS team to provide more specialized care;
- County of Simcoe resources were redesigned to ensure BSS team members spend more time in NSM Long-Term Care Homes to provide just-in-time support to staff and residents; and,
- The number of BSS teams was expanded from three to five to align with the NSM LHIN sub-regions: Barrie, Couchiching, Muskoka, North Simcoe and South Georgian Bay.



During Phase 1, BSS staff knowledge, skills and judgment continued to be expanded through education and mentorship.

Phase 2

Phase 2 is focused on the continued redesign of Central Intake and on the role of other BSS team members:

Psychogeriatric Resource Consultants (PRC)

The PRC role was established in 1999 as part of the provincial strategy for Alzheimer Disease and Related Dementias (ADRD). The three NSM PRCs have provided education and mentorship to health service providers in LTC and the community regarding AADR, other complex mental health needs and associated behaviours. In May, in alignment with SGS planning, the NSM LHIN Board of Directors supported an integration motion that will integrate the PRC program from the Collingwood General & Marine Hospital to the NSM SGS program at Waypoint effective October 1, 2017. The Board was in agreement that this integration would be appropriate to ensure these highly skilled consultants continue to provide excellent care as part of an integrated BSS team. Discussions are underway regarding the PRC role as part of the BSS team. In the interim, the PRC role will continue as it currently exists. We will continue to keep our partners apprised of any planned changes.

Central Intake & Referrals

The BSS program is working with the BSS Central Intake team at Waypoint to redesign workflows and resources to continue to improve BSS team response time. There is also work underway to establish a BSS-specific referral form.



June 2017

Seniors Month

On June 2nd we were part of **Waypoint's Annual General Meeting** proceedings. Our SGS physician lead, Dr. Kevin Young, introduced the AGM's keynote speaker, Dr. Samir Sinha, Director of Geriatrics at Sinai Health System. Dr. Sinha, well known for his work on behalf of Ontario seniors, spoke about the role the health care system can play in helping seniors age as appropriately as possible.



NSM SGS Website

www.nsmgs.ca

June 21st saw the **SGS program launched to the media and public**. This event, hosted at Dr. Kevin Young's Seniors Care Clinic in Orillia, was about a continued commitment to ensuring the most current and applicable information would be available to providers and residents of North Simcoe Muskoka. The media was provided information about the SGS program and the **NSM SGS program website was launched!!** The event consisted of speeches, videos and information presented to those in attendance. Information on the site that will be helpful for providers includes how to refer; publications; key projects; and a list of committees/ groups whose communities of practice have been, or are in the process of being, established on HealthChat. HealthChat is a collaborative online resource that is being

used for posting group information, meeting materials and upcoming calendar dates. We believe our website will provide excellent support to our providers and eventually, key information and support for NSM residents.

Antipsychotic Toolkit Launched

On May 30, 2017 the NSM SGS program's Antipsychotic Toolkit was launched. This toolkit was developed in partnership with the County of Simcoe and the Royal Victoria Regional Health Centre to promote the appropriate use of antipsychotics among NSM long-term care home (LTCH) residents. The toolkit was specifically developed as a resource for interested NSM LTCH prescribers (i.e. physicians, nurse practitioners, pharmacists) but is a useful resource for all health service providers. It promotes a more consistent approach to care while improving resident and system outcomes. For further information on the toolkit, visit the **NSM SGS website, [Key Projects](#)**.

Upcoming Events

- **October 3**—Falls Prevention Conference, **Orillia**
- **October 17**—Annual Geriatric Emergency Management Conference, **Toronto**
- **October 26**—NSM Dementia Network 7th Annual Fall Conference, **Orillia**

For information on upcoming events, please visit the **NSM SGS website** at nsmgs.ca/event

